



"New Day"

is a 10-week bereavement group program
in which you can deal with the pain
of the natural process of grieving the recent loss of a loved one,
in an atmosphere of care and understanding.

It is not a therapy session
but an opportunity to move through the journey
from grief to healing
with others who have experienced the same loss.

Our program will begin on **Tuesday, May 20th**
at **6:30 PM** in the **Resource Center**

Please call Sister Lorraine at 583-7806 for details/to register.